LUNCHPAD

UPPER DARBY SCHOOL DISTRICT
Opportunity · Unity · Excellence

November 2026

Free Middle School Lunch Menu

Assorted Fruit, Choice of 1% milk, nonfat chocolate milk
All Fruit Sorbet served on Menu Days with a star
Menu Items In Green are Halal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Turkey Bacon Grilled Cheese** **Salad:** Buffalo Chicken wrap **Halal:** Chicken Nuggets w. cheez-its **Pizza:** Cheese **Hot Veg:** Corn **Side Salad:** Carrots & Garbanzo Beans	**3** 	**4** **Lasagna Roll up w. Garlic Stick** **Salad:** Chicken Caesar Salad **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot Veg:** Acorn Squash **Side Salad:** Lettuce w. Cucumbers & Bell Peppers	**5** **Halal:** Hot Dog **Salad:** Veggie Nugget Salad **Pizza:** Cheese **Hot Veg**: Broccoli **Side Salad:** Shredded Cheddar & Cucumbers	**6** **Spicy Chicken Sandwich** **Salad:** Veggie Nugget wrap **Halal:** Cheeseburger **Pizza:** Cheese **Hot Veg:** Fries **Side Salad:** Lettuce mix w. Carrots & Tomatoes
9 **French Toast w. Turkey Sausage** **Salad:** Buffalo Chicken wrap **Halal:** Chicken Nuggets w. cheez-its **Pizza:** Cheese **Hot Veg:** Corn **Side Salad:** Carrots & Garbanzo Beans	**10** **Chicken Nachos** **Salad:** Baja Salad **Halal:** Hot Dog **Pizza:** Cheese **Hot Veg:** Roasted peppers & onions **Side Salad:** Cucumbers & Cherry Tomatoes	**11** **Penne Alfredo w. Chicken & Broccoli** **Salad:** Chicken Caesar Salad **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot Veg:** Acorn Squash **Side Salad:** Lettuce w. Cucumbers & Bell Peppers	**12** **Halal:** Hot Dog **Salad:** Veggie Nugget Salad **Pizza:** Cheese **Hot Veg**: Broccoli **Side Salad:** Shredded Cheddar & Cucumbers	**13** **Teriyaki Boneless Wings** **Salad:** Veggie Nugget wrap **Halal:** Cheeseburger **Pizza:** Cheese **Hot Veg:** Fries **Side Salad:** Lettuce mix w. Carrots & Tomatoes
16 **Dumplings w. Fried Rice** **Salad:** Buffalo Chicken wrap **Halal:** Chicken Nuggets w. cheez-its **Pizza:** Cheese **Hot Veg:** Corn **Side Salad:** Carrots & Garbanzo Beans	**17** LTO: Pepperoni Calzone & Pizza - Ranch **Salad:** Baja Salad **Halal:** Hot Dog **Pizza:** Cheese **Hot Veg:** Roasted peppers & onions **Side Salad:** Cucumbers & Cherry Tomatoes	**18** **Spicy Chicken Mac & Cheese** **Salad:** Chicken Caesar Salad **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot Veg:** Acorn Squash **Side Salad:** Lettuce w. Cucumbers & Bell Peppers	**19** **Halal:** Hot Dog **Salad:** Veggie Nugget Salad **Pizza:** Cheese **Hot Veg**: Broccoli **Side Salad:** Shredded Cheddar & Cucumbers	**20** **Turkey Gobbler Waffle Sandwich** **Salad:** Veggie Nugget wrap **Halal:** Cheeseburger **Pizza:** Cheese **Hot Veg:** Fries **Side Salad:** Lettuce mix w. Carrots & Tomatoes
23 **Early Dismissal** **Bag Lunches**	**24** **Early Dismissal** **Bag Lunches**	**25** **Early Dismissal** **Bag Lunches**	**26** 	**27** 
30 **Chicken Drumstick** **Salad:** Buffalo Chicken wrap **Halal:** Chicken Nuggets w. cheez-its **Pizza:** Cheese **Hot Veg:** Corn **Side Salad:** Carrots & Garbanzo Beans	**Snack Packs Available for Students who Bring Lunch From Home**			

This institution is an equal opportunity provider.